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# THE MASK OF FEELINGS

PARTNER: CRHACK LAB FOLIGNO 4D



VIBORG  
MUSEUM



OPW  
Oifig na nDaireacha Poiblí  
Office of Public Works



*The purpose of this scenario is to stimulate participants to share their feelings and moods. The instrument used is the mask. Contrary to popular belief, the mask does not hide a person but reveals them. Participants will be asked to construct a mask in order to become part of the work being examined (a figurative work is suggested) and become the protagonist of it, together with the subjects already represented. The aim is to make them express the feelings the work conveys and share them with others.*



# SUMMARY TABLE



## Subject

List all the areas/fields of work that will be involved in this learning scenario. If this is an interdisciplinary activity, list multiple subjects.

- Emotions
- Feelings
- Sharing
- Identification
- Creativity
- Imagination
- Empathy

## Suitable setting for implementation

The activity will be carried out in the museum, in front of the selected work. It is also possible to replicate the experience in a digital environment (AIDA Mozilla Hubs).



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## Type of Activity

Museum activity

## Activity time

2 Hours

## Digital material

N/A

## Physical material

Paper, cards, colours, cans, glue, pencils, scissors, base for mask.

## Aim of the activity

- Share feelings and emotions, without fear of the judgment of others.
- Feeling accepted and part of something.
- Using the work of art as a vehicle for emotions and feelings.



## Outcome of the activity

The result is the creation of a mask through which participants can express their sensations, feelings and self.

## Integration into the methodology

The manual activity linked to the creation of the mask allows participants to express their creativity and emotions in a safe way. The mask and creative activity are a means through which the participant can share their mood, without exposing themselves in the first person. The activity is part of the AIDA Methodology as it helps to create communication between the parties and stimulates expression and creativity.



# ACTIVITIES



## 1. Welcome (20min)

Participants are welcomed to the museum. The staff introduce themselves and welcome them. Everyone is given a card on which to write their name. They move to the room where the activity will take place.

## 2. Museum Tour (15min)

There is a short tour of the Museum, moving on to the works of significance for the activity that is to be done (in the case of the Diocesan Museum of Foligno, one goes to admire the wooden Statue of St. Feliciano and the back of the Duomo's Rosone, elements linked to the Giostra of the Quintana). From here we move to the museum hall where the activity will take place.

## 3. Artwork narration (30min)

The work is narrated using the TimeSlips method, through which participants create stories and narratives inspired by the work. The focus is on the feelings and emotions that the characters in the opera convey to the participants. Participants are asked to create a mask that represents them, to become part of the opera.



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#### **4. Creation of the mask (25min)**

Participants are asked to imagine themselves as one of the characters in the play and to create the character's mask. This tangibly expresses the feeling of empathy that participants develop towards the character representing themselves in the work.

#### **5. Presentation of the mask (20min)**

Each person presents his or her mask and explains the details, telling why the 'stylistic' choices were made.

#### **6. Conclusion and greetings (10min)**

At the end of the meeting, each participant is given a small booklet describing the object of the meeting. Participants will be able to take the mask they made home to reuse in domestic activities with their loved ones.

